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This technique is about turning 2D figures into 3D. The figures are made from large sheets of card—so take the opportunity to talk to your local supermarket or electrical store about the packaging they recycle and they'll probably give you some—or can parents help?



- First create a design for your figure thinking about mood and emotions. These figures need to be flowing and simplistic, almost like a jelly baby or a Godly Play figure—the method will not allow you to do fine detail—think too about the use of cavities in the design. Create your figure freehand, or use a child to strike a pose and draw around their shadow—an OHP is ideal for this, but a torch will also work.

- Cut out the first figure shape and use it as a template for the second





- Take corrugated card strips—about 15cm wide works well—and attach them to the first figure around the edge and at a right angle using the brown parcel tape or similar. The cardboard strip will be easier to mould around your shape if you first break the back of it (rolling it one way and then the other) as this gives it greater flexibility. Remember to outline any cavities at this stage before you add the “lid”

- Attach the second plane as a lid in the same way



- Before decorating the figures they need a primer or undercoat of white emulsion—keep the brush as dry as you can to avoid the figure going soggy (you may prefer to let an adult to do this first))



- A good way to colour these is as pure blocks of different hues—this can be done by using tissue paper and different amounts of tissue will deepen the colour and can create an attractive mottling
- A milky solution of PVA glue over the top will give the whole thing a sheen

